

Confession: the Sacrament of Reconciliation

Examination of Conscience

Before we make our Confession, we undertake a simple Examination of Conscience. Some use the Ten Commandments, others the Lord's own Summary of the Commandments:

The first [commandment] is, 'Hear, O Israel: The Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.' The second is this, 'You shall love your neighbour as yourself.' There is no other commandment greater than these. *Mark 12:30-31*

None of us is perfect and all fall short of the challenge of Jesus: Be perfect as your Father in heaven is perfect, *Matthew 5:48*. To help cover all the bases, the tradition helpfully gives us the Seven Deadly Sins:

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|----------|-------------|--------------------|----------|
| 1. Lust | 2. Gluttony | 3. Avarice (greed) | 4. Sloth |
| 5. Anger | 6. Envy | 7. Pride | |

Making Your Confession

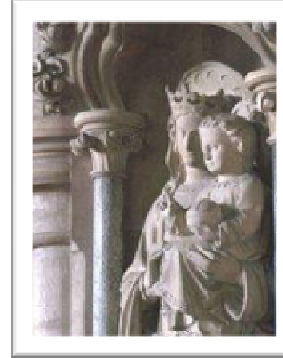
The encounter is not highly formal. Some people prefer a priest they know. Others a priest they don't know. Some seek out the anonymity of the Confessional in a large city church. The penitent tells the priest how long it is since his or her last Confession and, in his presence (the priest representing the church community), states the sins to be confessed. These are sins of omission (what we have failed to do) and sins of commission (where we have erred and strayed).

The priest asks the penitent to make an Act of Contrition (a couple of examples are given below) and offers some gentle counsel and spiritual help as necessary. There is also a short and easy penance which the penitent will undertake afterwards, as a gesture of genuine repentance and resolve to try harder. The priest then pronounces Absolution – make the sign of the Cross when he says 'and I absolve you' – and invites the penitent to go in peace.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Or Lord Jesus, Son of God: have mercy on me a sinner.



St Edmund Campion Deanery, Old Berkshire-
Thames ISIS Pastoral Area
www.thamesisis.org.uk
EAST HENDRED CATHOLIC PARISH
St Mary's Church, East Hendred
St Patrick's Church, East Ilsley

hendred@portsmouthdiocese.org.uk
Parish Priest: The Revd Mgr Andrew Burnham
01235 835038 or 07976 437979
aburnham@portsmouthdiocese.org.uk

Sunday 8 th July	SUNDAY 14 PER ANNUM Mass: 9.30am St Mary's Mass: 11.15am St Patrick's	Sunday Year B: Week 2 [GREEN] Pro populo Pro populo
Monday 9 th July	<i>Of Week 14</i> Mass: 9.15am St Mary's	Weekday Year 2: Week 14 [green]
Tuesday 10 th July	<i>Of Week 14</i> Mass: 9.15am St Mary's	[green]
Wednesday 11 th July	St Benedict, Founder, Patron of Europe Adoration: 11.45am Mass: 12.15pm St Mary's	[white]
Thursday 12 th July	<i>Of Week 14</i> Mass: 9.15am St Mary's	[green] <i>Joseph McDonagh, Anniversary of Baptism</i>
Friday 13 th July	<i>Of Week 14</i> Mass: 8.30am Hendred House End of School Year Mass: 2pm St Amand's Adoration: 3pm Hendred House	[green]
Saturday 14 th July	<i>Our Lady St Mary on Saturday</i> No Mass: Mass 9.30am at English Martyrs', Didcot Wedding: 1pm St Mary's	[white] <i>Alistair Macaulay & Elizabeth Jane Bamford</i>
Sunday 15 th July	SUNDAY 15 PER ANNUM Mass: 9.30am St Mary's Mass: 11.15am St Patrick's	Year B: Week 3 [GREEN] <i>FM Edward Robert Joseph Eyston 1943</i> Pro populo
Confessions: Sundays at 8.45am or by appointment www.portsmouthdiocese.org.uk		

TODAY AND LOOKING AHEAD

APOSTLESHIP OF THE SEA - SECOND COLLECTION TODAY

Today is Sea Sunday, when the Church prays for all those who live and work at sea. Today second collection is for the Church's official maritime welfare agency. It supports seafarers both practically and spiritually, please give generously and remember seafarers in your prayers. To donate online please visit www.apostleshipofthesea.org.uk

MUMS ON THE RUN

The next meeting is on **Monday 16th July** at 8.15pm in the Holy Family Room. If you are a mum raising children, who would like a bit of time to chat and reflect with other mothers, please come along to these meetings. For more information please contact Gillian Groeger at gilliangroeger@hotmail.com

YOUTH GROUP

The youth group will meet again on **Friday 20th July**, 7.00pm-9pm in the Parish rooms. For more information, please contact Veronica at veronicapaget@hotmail.com

SPY TRAIL IN OXFORD, SATURDAY 21ST JULY

This is the last Youth event before the holidays. We will meet at 10am in the Oxford Ice Rink car park. Completing the trial will take approximately 2.5 hrs (including lunch at Nando's approx. £10). We will return to the Ice Rink by 3pm. All ages welcome!

SUMMER CHANGES OF MASS TIME

(1) Weekend of 28th /29th July

Mass at St Patrick's will be at 6pm on Saturday 28th. Mass at St Mary's will be as usual at 9.30am on 29th. Both masses will be said masses.

(2) Weekend of 18th /19th August

Mass at St Patrick's will be at 6pm on Saturday 18th. Mass at St Mary's will be at 11am on Sunday 19th and sung by the Newman Consort. After Mass there will be a Festival Lunch at the Wheatsheaf.

WEDNESDAY 15TH AUGUST

As well as 12.15pm, there will be Mass at 7.30pm at St Mary's on this Holy Day of Obligation.

PARISH COLLECTION

Last Sunday collection raised a total of £898.02 of which 86% was Gift aided. We raised £98.11 for Peter's pence.

FORTHCOMING SECOND COLLECTIONS

16th September: Home Mission Sunday

Find us on  

NEWSLETTER | Please send all notices for next week's Newsletter to Maria at hendred@portsmouthdiocese.org.uk by **Wednesday 10 am**

WE REMEMBER IN OUR PRAYERS



BAPTISM AND WEDDING ANNIVERSARIES

Those whose anniversaries fall at this time, especially for Jane and Nigel Baring as they celebrate their golden wedding and Joseph McDonagh on his baptism anniversary.

THE SICK AND THOSE IN NEED

Sr Catherine, Mary Wallace, Brenda Paddon, Alfie Bartlam, Jadryga Adasko, Angus Clark and Andrew Gunn. Names remain for four weeks.

THE FAITHFUL DEPARTED

Those who have died recently and those with anniversaries at this time: *Charles McCortan, Thomas Stephen McDonagh, Mary Dearlove, Malcolm Farrow, George Hudson, Albert Burgess, John Beary and William Carroll.*

HOLY FATHER'S JULY PRAYER INTENTION - Evangelization: *Priests and their Pastoral Ministry.* That priests, who experience fatigue and loneliness in their pastoral work, may find help and comfort in their intimacy with the Lord and in their

SUMMER EVENTS IN THE PARISH - KEEP THESE DATES!

19th August St Mary's Festival Mass & Lunch

LEARNING TO PRAY WITH THE CARMELITES

On our doorstep—on the top of Boars' Hill—is the national Carmelite Centre. It's a lovely place for Quiet Days, Retreats, Conferences &c. We shall be interesting you in some of the facilities and opportunities. Annette Goulden will be explaining more in the next week or two.

PILGRIMAGE TO THE HOLY LAND 2019

Organised by Our Lady and St Edmund Church, Abingdon from the **21st to 30th May 2019**. If interested please let the parish office know (abingdon@portsmouthdiocese.org.uk) then you will be contacted by the organisers.

SAFEGUARDING

There are a couple of safeguarding training courses for those who have not attended one yet or need a refresher (every five years). Please see list in the porch. Bookings can be done by emailing soraya@portsmouthdiocese.org.uk Please also note that some volunteers are due to renew their DBS, Sheena will be contacting you individually.

FIRST HOLY COMMUNIONS AT ST MARY'S

If interested, please email Maria at hendred@portsmouthdiocese.org.uk.

COFFEE AFTER MASS

Please join us for a cup of coffee at St Mary's Parish Rooms after Mass.